

IRB – Informed Consent

For all studies

Title of Research Project: Quality of life and student athletes in a NCAA DII & NIRA Intercollegiate Athletic Program

Principal Investigator(s): Dr. Mark Davis, Mr. Jared Weinbauer

Description: The purpose of this study is to facilitate questionnaires in a staged progression through a 14-weekspan so that information's related to be an active student-athlete can be assessed before and after the implementation of strategies and education.

Confidentiality: The data will be kept in a electronic media until each participant has completed each stage. At this point it will be moved to SPSS to generate statistical data. The data will be collected by Qualtrics. This data will be protected with use of a password by the principal researcher, and the information will be destroyed upon completion of the study.

Location of Participation: Many athletes will use a mobile device to access the questionnaires by means of one's convenience and then completed within a timely manner. Through planning around all teams/player schedules strategies and education will be implemented by the research team through the use of University of West Alabama's Spieth Hall. For practicality the research team will address the athletes wherever they would prefer if deemed necessary to do so.

Benefits: By participating in this research, one will potentially better their quality of life as an athlete. From the research gathered one can replicate this possibly though an entire collegiate athletes' career or even replicate it by means of an entire athletic career. If one chooses to participate, they will indefinitely be a part of making something they love better for themselves and for those who come after.

Risks: There are risks beyond everyday normal activities.

Notices: 1) There is no possible commercial profit to be gained from this research. 2) There will be no clinically relevant research results returned to subjects 3) None of the research activities include whole genome sequencing.

Voluntary Nature of Participation: Participants have complete freedom to not take part in the research.

Age Requirement: Individuals participating in this survey must meet the minimum age requirement of 19. If you do not meet this age requirement, you are not allowed to participate in this survey without a waiver of parental consent or a child assent form.

Contact person: If you have any questions about this research project, please contact the Principal Investigator at 205-652-3570. If you have any questions regarding your rights as a research participant, please contact Carmen Giles at 205-652-3424.

Participant Signature: _____

Broad Consent Statement

Are you willing to give consent for future research use of the **deidentifiable** information or biospecimens collected through this research?

If you say "yes," researchers in the future may use your deidentifiable information or deidentifiable biospecimens in many different research studies, over a long period of time, without asking your permission again for any specific study covered by this form.

If you say "no," researchers in most cases will have to ask your permission to use your deidentifiable information or identifiable biospecimens in any future research study.

Yes No